

# MusicTherapyGuitar.com

*Play with your potential*

Reverse Capo—instant open tuning, improvisation, self-accompaniment, adaptive method for clients, and amazing songwriting tool (from GSL)

**Description:** *Reverse Capo* is a selection of chapters from the course series *GSL: Guitar as a Second Language*. It focuses on an instant method of open tuning called a “reverse capo.” This technique is explored in-depth with multiple methods for adding melodies while accompanying oneself, ways to make compelling chords with just one or two fingers, and ways to combine the reverse capo with techniques from the *GSL I* course for application in clinical settings. As with the *GSL I* course, this course is replete with clinical examples and an exploration of the theory and psychology behind the music. The *GSL* series as a whole is designed to combine musical skills with clinical insight in a way that stimulates creative ideas and opens new doors for music therapists.

The course is designed in chapters, with a 1- or 2-question quiz following each chapter and a 3-question post-test at the end of the course.

The chapters are arranged on the following topics:

1. Reverse Capo I—Instant open tuning (17 minutes)
2. Reverse Capo II—Exploring melodies and bass lines (34 minutes)
3. Reverse Capo III—Self-accompaniment (23 minutes)
4. Reverse Capo IV—Changing keys and accompanying improvisation (16 minutes)

Total video time:	90 minutes of video instruction
Practice time:	40 minutes
Chapter quizzes & post-test:	20 minutes
TOTAL expected time for course completion:	150 minutes
CMTE credits:	3 credits
Access time for course:	2 months

**Learning Objectives:**

1. Participants will identify how to place a “reverse capo” to instantly create an open tuning for therapist and/or client use.
2. Participants will demonstrate how to play a variety of chords, keys, and self-accompanied melodies using a “reverse capo,” and identify clinical applications for when and why to use these and other skills in music therapy sessions.

**Prerequisites:** No participant will be turned away; however, participants will be able to make the most of this course if they can already do the following on the guitar:

1. Comfortably play these open chords from memory: A, A7, Am, Am7, B7, C, C7, D, D7, Dm, Dm7, E, E7, Em, Em7, F, G, G7.
2. Accompany themselves singing various songs using basic chords (above) and one or more basic strum patterns.
3. Have a basic knowledge of music theory, including I-IV-V chord progressions and rhythm patterns in three-four and four-four time signatures.
4. Have some clinical experience (either observation, practicum, internship, or professional) to be able to relate to concepts and examples presented in the course.

**Instructor Qualifications:** Jamie Bartschi holds bachelor’s and master’s degrees in music therapy, and has played the guitar in performance and clinical settings for 23 years. She also has 28 years experience teaching guitar and violin.

**Video Course Format:** The course is comprised of four chapters, each lasting 16-34 minutes (see Chapter headings above). An access time of two months is provided to enable participants to complete one chapter or less per week for maximum absorption of information. Each chapter is presented face-to-face with the instructor and includes examples, play-along segments, and a downloadable PDF handout with illustrations and explanations. A one- or two-question quiz follows each chapter to help solidify key concepts. Answering the quiz questions correctly enables the participant to move on to the next chapter. Participants are encouraged to rewind and replay each chapter to facilitate effective practice and mastery of each concept. At the end of the course, a post-test is given to assure understanding of concepts. A 90% score is required to pass the post-test, which qualifies the participant to receive a certificate for 3 CMTE credits earned. Certificates will be available to save or print immediately upon finishing the course.

**Number of CMTE credits:** 3

**Price:** \$75

**Cancellation & Refund Policy:** Our full grievance policy is available on our website on the “FAQ” page. MusicTherapyGuitar.com is passionate about providing videos that actually make a difference in your musical abilities. If for any reason a video course is unsatisfactory, you may contact us within 14 days of purchase to request a refund. Include a complete description of the problem. Requests submitted later than 14 days

after purchase are not eligible for a refund. If severe illness, accident, loss of a loved one, or similarly urgent life situation prevents you from completing a video course in the allotted time period, please contact us to request a one-time extension. Requests for extension must be submitted more than 24 hours before your course access expires. See our website for full details.

**CBMT Relationship:** *Reverse Capo (from GSL)* is approved by the Certification Board for Music Therapists for 3 Continuing Music Therapy Education credits. MusicTherapyGuitar.com (Approved Provider #P-129) maintains responsibility for program quality and adherence to CBMT policies and criteria.