



GSL II: Guitar as a Second Language

Description: GSL II: Guitar as a Second Language is a continuation of the GSL series' focus on "speaking guitar" more fluently and developing "clinically effective" guitar skills. It focuses first on right hand techniques for intuitive strumming and fingerpicking, as well as right- and left-hand ways to make percussive sounds while strumming or picking. The course then spends significant time on an instant method of open tuning called a "reverse capo." This technique is explored in-depth with multiple methods for adding melodies while accompanying oneself, ways to make compelling chords with just one or two fingers, and ways to combine the reverse capo with techniques from the GSL I course for application in clinical settings. As with the GSL I course, this course is replete with clinical examples and an exploration of the theory and psychology behind the music. The GSL series as a whole is designed to combine musical skills with clinical insight in a way that stimulates creative ideas and opens new doors for music therapists.

The course is designed in chapters, with a 1- or 2-question quiz following each chapter and a 10-question post-test at the end of the course.

The chapters are arranged on the following topics:

1. Music as a Container (17 minutes)
2. Power Chords to Bar Chords (13 minutes)
3. Right Hand Skills I (10 minutes)
4. Right Hand Skills II (31 minutes)
5. Right Hand Skills III (17 minutes)
6. Fingerpicking (24 minutes)
7. Reverse Capo I (17 minutes)
8. Reverse Capo II (34 minutes)
9. Reverse Capo III (23 minutes)
10. Reverse Capo IV (16 minutes)
11. Putting It All Together (15 minutes)

Total video time:

3 hours 37 minutes of video instruction

Practice & quiz time for each chapter:

30 minutes each (averaged, total time 5 hrs 30 mins)

Time to complete final post-test:

15 minutes

TOTAL expected time for course completion:

9 hours 37 minutes

CMTE credits:	11 credits
Access time for course:	6 months

Learning Objectives:

1. Participants will identify the theoretical ways that music serves as a “container” in the therapeutic process to create effective results through both facilitating and limiting clinical interaction.
2. Participants will demonstrate an ability to play and/or improvise strum patterns and pick patterns with and without percussive sounds, based on an understanding of correct finger/hand placement and motion.
3. Participants will identify how to place a “reverse capo” to instantly create an open tuning for therapist and/or client use.
4. Participants will demonstrate how to play a variety of chords, keys, and self-accompanied melodies using a “reverse capo,” and identify clinical applications for when and why to use these and other skills in music therapy sessions.

Prerequisites: No participant will be turned away; however, participants will be able to make the most of this course if they have first mastered the GSL I course, so taking the courses in order is strongly recommended.

Instructor Qualifications: Jamie Bartschi holds bachelor’s and master’s degrees in music therapy, and has played the guitar in performance and clinical settings for 23 years. She also has 28 years experience teaching guitar and violin.

Video Course Format: The course is comprised of eleven chapters, each lasting 10-34 minutes (see Chapter headings above). An access time of six months is provided to enable participants to complete one chapter or less per week for maximum absorption of information. Each chapter is presented face-to-face with the instructor and includes examples, play-along segments, and a downloadable PDF handout with illustrations and explanations. A one- or two-question quiz follows each chapter to help solidify key concepts. Answering the quiz questions correctly enables the participant to move on to the next chapter. Participants are encouraged to rewind and replay each chapter to facilitate effective practice and mastery of each concept. At the end of the course, a post-test is given to assure understanding of concepts. A 90% score is required to pass the post-test, which qualifies the participant to receive a certificate for 11 CMTE credits earned. Certificates will be available to save or print immediately upon finishing the course.

Number of CMTE credits: 11

Price: \$175

Cancellation & Refund Policy: Our full grievance policy is available on our website on the “FAQ” page. MusicTherapyGuitar.com is passionate about providing videos that

actually make a difference in your musical abilities. If for any reason a video course is unsatisfactory, you may contact us within 14 days of purchase to request a refund. Include a complete description of the problem. Requests submitted later than 14 days after purchase are not eligible for a refund. If severe illness, accident, loss of a loved one, or similarly urgent life situation prevents you from completing a video course in the allotted time period, please contact us to request a one-time extension. Requests for extension must be submitted more than 24 hours before your course access expires. See our website for full details.

CBMT Relationship: *GSL II: Guitar as a Second Language* is approved by the Certification Board for Music Therapists for 11 Continuing Music Therapy Education credits. MusicTherapyGuitar.com (Approved Provider #P-129) maintains responsibility for program quality and adherence to CBMT policies and criteria.