

# MusicTherapyGuitar.com

*Play with your potential*

## The Level 1 Guitarist--Foundations

**Description:** “*The Level 1 Guitarist – Foundations*” is a comprehensive guitar course covering all beginning concepts from both a pick style and finger style approach. The styles of music available for guitarists to learn and play are incredibly diverse. Mastery of the topics in this course will give students the foundation they need to confidently choose and learn the style(s) of guitar music they are passionate about. Students will learn about the instrument itself, proper right and left hand technique, simple chords, basic chords, power chords, melodies with tablature, strumming and picking patterns, basic music theory, transposition, and songs.

The course is designed in modules with a short quiz following many of the units in each module.

The modules are arranged on the following topics:

1. Introduction (4 minutes)
2. Parts of the Guitar and Purchasing a New Instrument (14 minutes)
3. Important Accessories (9 minutes)
4. Tuning the Guitar (2 minutes)
5. Sitting, Left and Right Hand Positions (25 minutes)
6. Tablature (22 minutes)
7. Simplified Chords (18 minutes)
8. Basic Strum Patterns (19 minutes)
9. Basic Chords (59 minutes)
10. The F Chord (20 minutes)
11. The House of the Rising Sun (5 minutes)
12. The Music Alphabet (14 minutes)
13. Alternating Bass Patterns (66 minutes)
14. Power Chords (22 minutes)
15. Travis Picking (40 minutes)
16. Chord Progressions in G Major (22 minutes)
17. Chord Progressions in C Major (17 minutes)

Total video time:	6 hrs 19 mins of video instruction
Practice time (15 mins per module):	4 hrs 15 mins
Quiz time (3 mins each):	1 hr 30 mins
TOTAL expected time for course completion:	12 hours 4 mins
CMTE credits:	14 credits
Access time for course:	6 months

### **Learning Objectives:**

1. Participants will be able to identify the parts of their guitar, how to take care of it, important accessories, and the aspects of a successful foundation for a lifetime of learning and playing.
2. Participants will demonstrate proper right and left hand technique in playing pick and finger style guitar.
3. Participants will demonstrate ability in reading tablature, chord diagrams, and basic strum patterns, alternating bass patterns, and fingerpicking patterns.
4. Participants will demonstrate how to play melodies in tablature, simple chords, basic chords, power chords, quarter and eighth note strum patterns, alternating bass patterns, and travis picking patterns.
5. Participants will demonstrate how to play and transpose basic chord progressions in the keys of C and G.
6. Participants will demonstrate how to apply the concepts and techniques in this course to actual songs.

**Prerequisites:** No prerequisites are necessary. This is a course for the beginning guitarist.

**Instructor Qualifications:** Austin Weyand holds Bachelor's and Master's degrees in Guitar Performance and a Bachelor's degree in Music Therapy. He has played and taught guitar for over 20 years.

**Video Course Format:** The course is comprised of 17 modules, each lasting from 2-67 minutes (see module headings above). An access time of six months is provided to enable participants to complete one module or less per week for maximum absorption of information. Each module is presented face-to-face with the instructor (the video shows the instructor's face) and includes examples, play-along segments, and a downloadable PDF handout with illustrations and explanations. A short quiz follows most of the units within each module to help

solidify key concepts. Answering the quiz questions correctly enables the participant to move on to the next unit. Participants are encouraged to rewind and replay each unit video to facilitate effective practice and mastery of each concept. Completion of the course and all of the quizzes qualifies the participant to receive a certificate of 14 CMTE credits earned. Certificates will be sent promptly by email upon successful completion of the course and CBMT's Course Evaluation form.

**Number of CMTE credits:** 14

**Price:** \$200

**Cancellation & Refund Policy:** Our full grievance policy is available on our website on the "FAQ" page. MusicTherapyGuitar.com is passionate about providing videos that actually make a difference in your musical abilities. If for any reason a video course is unsatisfactory, you may contact us within 14 days of purchase to request a refund. Include a complete description of the problem. Requests submitted later than 14 days after purchase are not eligible for a refund. If severe illness, accident, loss of a loved one, or similarly urgent life situation prevents you from completing a video course in the allotted time period, please contact us to request a one-time extension. Requests for extension must be submitted more than 24 hours before your course access expires. See our website for full details.

**CBMT Relationship:** *The Level 1 Guitarist--Foundations* is approved by the Certification Board for Music Therapists for 14 Continuing Music Therapy Education credits. Credits awarded by CBMT are accepted by the National Board for Certified Counselors (NBCC). MusicTherapyGuitar.com, #P-129, maintains responsibility for program quality and adherence to CBMT policies and criteria.